

Screen 1

Organisation

Set up area, as shown above, adjusting sizes to specific Goalkeepers/players you have within the session.

Please refer to Eric's GkNexus 'Video Presentation', defending set-plays within a team structure, for all players roles and responsibilities.

If DEF team (Red), gain possession of the ball after the corner, they will attempt to counter attack and score in the opposite goal.

Progression(s)

1. If poor ball is played from corner, coach can play a second ball in to ensure session outcome is being met.
2. Play as a small sided game and at any point the coach can shout 'CORNER FROM LEFT/RIGHT' which will force the DEF team to get in their defensive shape for a corner as quickly as possible.

Key points

1. Organisation
2. communication
3. Composure
4. Commitment
5. Concentration
6. Responsibility
7. Handling
8. Dealing with crosses
9. Shot stopping.

