



YOUR INDIVIDUAL DEVELOPMENT PLAN THE GKNEXUS MENTOR PROGRAM, WITH ERIC STEELE

MENTEE NAME: _____ EMAIL: _____

CLUB/POSITION/ROLE: _____

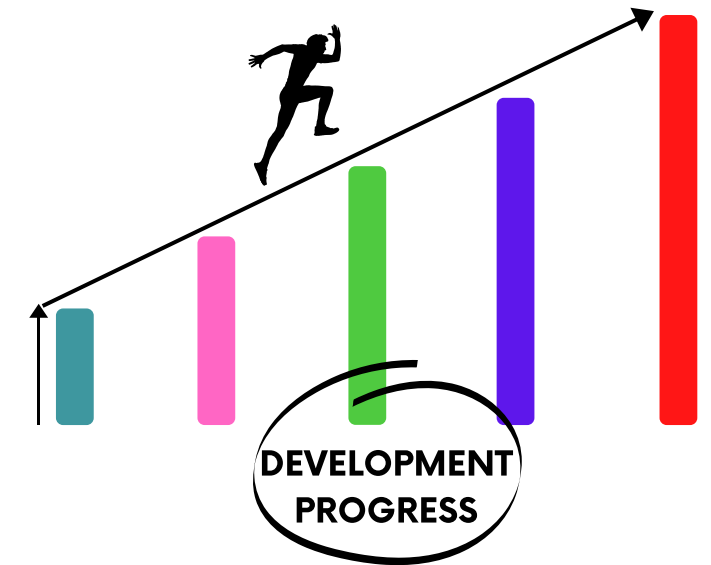
MONTH 5

MONTH 4

MONTH 3

MONTH 2

MONTH 1



1 WHAT ARE YOUR COACHING GOALS / OBJECTIVES OVER THE NEXT 5 YEARS?

2 WHAT DO YOU FEEL IS HOLDING YOU BACK, FROM ACHIEVING THESE GOALS?

3 HOW CAN WE HELP SUPPORT YOU TO ACHIEVE THESE GOALS / OBJECTIVES?

4 WHAT AREAS OF COACHING, WOULD YOU LIKE OUR SUPPORT IN, IN ORDER TO IMPROVE?



PERSONAL ANALYSIS



USING THE FOLLOWING CRITERIA, PLEASE RATE YOURSELF IN THE BELOW AREAS AND THEN STATE A REALISTIC TARGET OF IMPROVEMENT OVER THE NEXT 5 MONTHS. YOU WILL THEN DISCUSS WITH YOUR MENTOR HOW YOU CAN ACHIEVE THIS TARGET.

1

NOT CONFIDENT IN ABILITY

2

FAIRLY CONFIDENT IN ABILITY

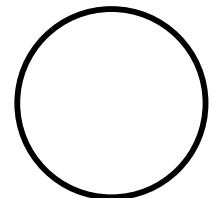
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VERY CONFIDENT IN ABILITY

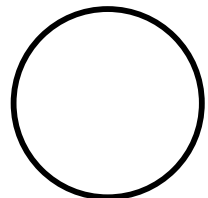
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EXCEL IN THIS AREA

PLAN / DO / REVIEW PROCESS

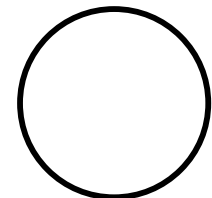


CURRENT

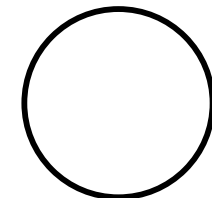


TARGET

PLAYER / STAFF COMMUNICATION

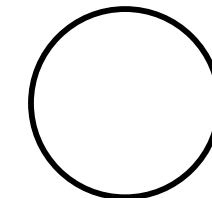


CURRENT

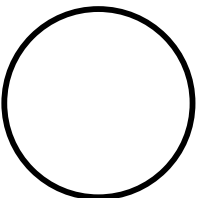


TARGET

ON FIELD COACHING DELIVERY

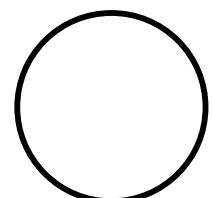


CURRENT

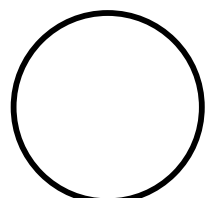


TARGET

GAME / PERFORMANCE ANALYSIS

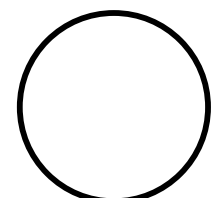


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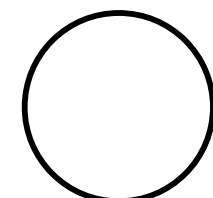


TARGET

TACTICAL KNOWLEDGE

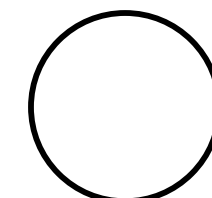


CURRENT

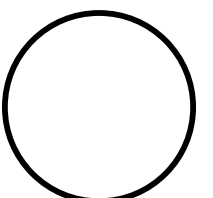


TARGET

KNOWLEDGE OF NEEDS OF INDIVIDUAL GK



CURRENT



TARGET



DEVELOPMENT TRACKER

COMPLETE DURING MENTOR SESSION 1	COMPLETE DURING MENTOR SESSION 2
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AREA	CURRENT SCORE	PLAN	MENTOR SESSION 2 REVIEW	NEW SCORE
PLAN / DO / REVIEW PROCESS				
PLAYER / STAFF COMMUNICATION				
ON FIELD COACHING DELIVERY				



DEVELOPMENT TRACKER

COMPLETE DURING MENTOR SESSION 1

COMPLETE DURING MENTOR SESSION 2



AREA	CURRENT SCORE	PLAN	MENTOR SESSION 2 REVIEW	NEW SCORE
GAME / PERFORMANCE ANALYSIS				
TACTICAL KNOWLEDGE				
KNOWLEDGE OF NEEDS OF INDIVIDUAL GK				



DEVELOPMENT TRACKER

COMPLETE DURING MENTOR SESSION 2

COMPLETE DURING MENTOR SESSION 3



AREA	NEW SCORE	PLAN	MENTOR SESSION 3 REVIEW	FINAL SCORE
PLAN / DO / REVIEW PROCESS				
PLAYER / STAFF COMMUNICATION				
ON FIELD COACHING DELIVERY				



DEVELOPMENT TRACKER

COMPLETE DURING MENTOR SESSION 2

COMPLETE DURING MENTOR SESSION 3



AREA	NEW SCORE	PLAN	MENTOR SESSION 3 REVIEW	FINAL SCORE
GAME / PERFORMANCE ANALYSIS				
TACTICAL KNOWLEDGE				
KNOWLEDGE OF NEEDS OF INDIVIDUAL GK				