

March

2021

February

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

April

S	M	T	W	T	F	S
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18	19	20	21	22	23	24
25	26	27	28	29	30	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
28	1	2	3	4
			Zoom Call 8-9.30pm (Uk time) Program introduction & group assignment 1 (Design a pre-season training program)	
7	8	9	10	11
		Zoom First 1 to 1 mentor session with Eric Steele (1x 40mins) 2-5pm & 7-10pm Book via Calendly	Zoom First 1 to 1 mentor session with Eric Steele (1x 40mins) 1-5pm Book via Calendly	Zoom First 1 to 1 mentor session with Eric Steele (1x 40mins) 2-5pm & 7-10pm Book via Calendly
14	15	16	17	18
	Individual micro task Module 1 completion date (Individual development plan)			Guest mentor webinar Episode 1- Nick Harvey 'Goalkeeper specific strength & conditioning' Time 2pm GMT

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
21	22	23	24	25
28	29	30	31	1
		Completion date Group assignment 1 (Design a pre-season training program)		
4	5	6	7	8

FRIDAY	SATURDAY
5	6
12 Zoom First 1 to 1 mentor session with Eric Steele (1x 40mins) 2-5pm & 7-10pm Book via Calendly	13
19	20

FRIDAY	SATURDAY
26	27
2	3
9	10

April

2021

March

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May

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23	24	25	26	27	28	29
30	31					

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1	2
4	5	6	7	8	9
11	12	13	14	15	16
18	19	20	21	22	23

Zoom Call 8-9.30pm (Uk time)
 Group assessment 1 delivery/feedback (Design a pre-season training program)
 New group assignment 2 (Preparing a teams defensive set-plays)

Individual micro task
 Module 2 completion date (Session design on specified topic)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Session footage Upload to Dropbox folder , deadline 10pm GMT (Upload footage of you in coaching action, sharing session context/feedback)					
25	26	27	28	29	30
		Completion date Group assignment 2 (Preparing a teams defensive set-plays)		Guest mentor webinar Episode 2- Chris Marshall Module 1 (Developing psychological tools to support players/ coaches) 8-9.30pm (Uk time)	
2	3	4	5	6	7

SATURDAY	
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SATURDAY	
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May

2021

April

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June

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27	28	29	30			

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
25	26	27	28	29
2	3	4	5	6
		Zoom Call 8-9.30pm (Uk time) Group assessment 2 delivery/feedback. (Preparing a teams defensive set-plays) New individual assignment 3 (Analyse professional goalkeeper performance within a match and session design based on your findings)		
9	10	11	12	13
16	17	18	19	20

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	Individual micro task Module 3 completion date (Presentation skills, delivering to coaches & players)	Zoom Second 1 to 1 mentor session with Eric Steele (1x 40mins) 2-5pm & 7-10pm Book via Calendly	Zoom Second 1 to 1 mentor session with Eric Steele (1x 40mins) 2-5pm & 7-10pm Book via Calendly	Zoom Second 1 to 1 mentor session with Eric Steele (1x 40mins) 2-5pm & 7-10pm Book via Calendly
23	24	25	26	27
		Completion date Individual assignment 3 (Analyse professional goalkeeper performance within a match and session design based on your findings)		Guest mentor webinar Episode 3- Chris Marshall Module 2 (Developing psychological tools to support players/ coaches) 8-9.30pm (Uk time)
30	31	1	2	3

FRIDAY	SATURDAY
30	1
7	8
14	15
21	22

FRIDAY	SATURDAY
Zoom Second 1 to 1 mentor session with Eric Steele (1x 40mins) 2-5pm & 7-10pm Book via Calendly	
28	29
4	5

June

2021

May						
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July						
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
30	31	1	2	3
		Zoom Call 8-9.30pm (Uk time) Individual assessment 3 delivery/feedback. (Analyse professional goalkeeper performance within a match and session design based on your findings) New individual assignment 4 (GkNexus content creator- Design, video and deliver a training session within your environment)		
6	7	8	9	10
13	14	15	16	17

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	Individual micro task Module 4 completion date (Creating your own match day analysis / scouting book)			
20	21	22	23	24
				Guest mentor webinar Episode 4- Professional goalkeeper (Q&A) 8-9.30pm (Uk time)
27	28	29	30	1
		Completion date Individual assignment 4 (GkNexus content creator- Design, video and deliver a training session within your environment)		
4	5	6	7	8

FRIDAY	SATURDAY
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FRIDAY	SATURDAY
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July

2021

June						
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August						
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	29	30	1	2
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11	12	13	14	15	16

Zoom Call 8-9.30pm (Uk time)
 Individual assessment 4 delivery/feedback.
 (GkNexus content creator- Design, video and deliver a training session within your environment)
 New group assignment 5 (Design and create a development program, based on the 4x corner model, within your allocated theme / environment)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Individual micro task Module 5 completion date (The role of the goalkeeper coach, via the Gk coach acronym)	Zoom Third 1 to 1 mentor session with Eric Steele (1x 40mins) 2-5pm & 7-10pm Book via Calendly	Zoom Third 1 to 1 mentor session with Eric Steele (1x 40mins) 2-5pm & 7-10pm Book via Calendly	Zoom Third 1 to 1 mentor session with Eric Steele (1x 40mins) 2-5pm & 7-10pm Book via Calendly	Zoom Third 1 to 1 mentor session with Eric Steele (1x 40mins) 2-5pm & 7-10pm Book via Calendly
18	19	20	21	22	23
25	26	27	28	29	30
		Completion date Group assignment 5 (Design and create a development program, based on the 4x corner model, within your allocated theme / environment)		Guest mentor webinar Episode 5- Eddie Niedzwiecki (Transition from player to coach/managing staff relationships) 8-9.30pm (Uk time)	
1	2	3	4	5	6
Zoom Call 8-9.30pm (Uk time) Individual assessment 5 delivery/feedback. (Design and create a development program, based on the 4x corner model, within your allocated theme / environment) Graduation Closing presentation with open forum for guidance / advice from Eric Steele					

SATURDAY	
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SATURDAY

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August

2021

July						
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September						
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26	27	28	29	30		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5	6
Zoom Call 8-9.30pm (Uk time) Individual assessment 5 delivery/feedback. (Design and create a development program, based on the 4x corner model, within your allocated theme / environment) Graduation Closing presentation with open forum for guidance / advice from Eric Steele					
8	9	10	11	12	13
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22					

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29					
5					

SATURDAY	
	4
	11